

EDINBURGH CATERING SERVICES**FOOD IN SCHOOLS – PRIMARY April 2013**

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
H O T M E A L S	Homemade Lentil Soup & Bread Breaded Haddock Fillet, Peas & Sweetcorn with Baby New Potatoes or Cheesy Pasta, Vegetables or Salad & Crusty Bread or Jacket Potato with a Choice of Fillings Fresh Fruit Selection Orange Juice, Milk or Water	Chicken Curry Served with Vegetables & Boiled Rice or Quorn Burger in a Bun, with Salad & Potato Wedges or Jacket Potato with a Choice of Fillings Sponge Cake & Custard or Melon Slice Milk or Water	Beef Bolognese served with Pasta & vegetables or Pizza, with Vegetables or Salad & Chips or Jacket Potato with a Choice of Fillings Jelly & Fruit or Fresh Fruit Platter Orange Juice, Milk or Water	Oven Baked Pork Sausages with Baked Beans, & Creamed Potatoes or Vege' Lasagne, Salad or Vegetables & Crusty Bread or Jacket Potato with a Choice of Fillings Home baking or Selection of Fresh Fruit Orange Juice, Milk or Water	Filled Roll/Sandwich Home baking Yoghurt/Fromage Frais Fresh Fruit Juice

Salad Bowl, Bread Available Daily

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Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
H O T M E A L S	Chicken Bites with Baked Beans & Saute Potatoes or Rosy Pasta (pasta in a creamy tomato sauce with vege' sausage pieces) served with Vegetables & Garlic Bread or Jacket Potato with a Choice of Fillings Chocolate or Fruit Delight or Fresh Fruit Selection Orange Juice, Milk or Water	Homemade Potato Soup & Bread Pizza,& Sweetcorn with Potato Wedges or Sandwich Platter served with Potato Wedges or Jacket Potato with a Choice of Fillings Yoghurt or Fromage or Frozen Yoghurt Milk or Water	Macaroni Cheese, with Peas & Chips or Cod Chunks, with Peas & Chips or Jacket Potato with a Choice of Fillings Cooks Choice of Cold Dessert or Fresh Fruit Salad Orange Juice, Milk or Water	Chicken in Gravy, Broccoli & Boiled Potatoes with a Yorkshire Pudding or Vege' Meatballs in Tomato Sauce served with Pasta or Jacket Potato with a Choice of Fillings Caramel Flan & Custard or Seasonal Fruit Platter Milk or Water	Filled Roll/Sandwich Home baking Yoghurt/Fromage Frai Fresh Fruit Juice

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Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M E A L S	Salmon Nuggets with Vegetables & Baby Boiled Potatoes or Quorn Hotdog, with Salad & Saute' Potatoes or Jacket Potato with a Choice of Fillings Sponge Cake & Custard or Selection of Fresh Fruit Orange Juice, Milk or Water	Pizza with Sweetcorn & Roast Potatoes or Vege' Wraps with Sweetcorn & Roast Potatoes or Jacket Potato with a Choice of Fillings Ice Cream & Jelly or Seasonal Fruit Milk or Water	Homemade Yellow Split Pea Soup & Bread Chicken Meatballs in Tomato Sauce served with Boiled Rice & Vegetables or Sandwich Platter served with Potato Wedges or Jacket Potato with a Choice of Fillings Fresh Fruit Salad Orange Juice, Milk or Water	Macaroni Cheese & Crusty Bread served with Vegetables or Salad or Chicken Burger in a Bun with Salad & Chips or Jacket Potato with a Choice of Fillings Chocolate Crispie & Custard or Fresh Fruit Platter Milk or Water	Filled Roll/Sandwich Home baking Yoghurt/Fromage Frais Fresh Fruit Juice

Salad Bowl, Bread Available Daily